

# STUDY OF URBAN HEAT ISLAND EFFECT IN LAHORE, PAKISTAN BY USING THERMAL VARIANCE (2000-2020)

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## Abstract

Natural and human induced changes to the earth surface are the main cause of thermal heterogeneity of earth's surface. Remotely sensed thermal infrared (TIR) data for determining Land Surface Temperature (LST) allows continuous global coverage that enables the assessment and quantification of these variations. The current study was designed with the goal of determining UHI in the metropolitan Lahore. i.e., the provincial capital of Punjab, Pakistan. Developing a broad-ranged, multidimensional, economically viable long-term policy to address difficulties originating from changes in the microclimate of urban areas necessitates a thorough understanding of spatiotemporal variations in LST of the region of concern. Therefore, from 2000-2020, the LST of Lahore was determined using Landsat 5 and Landsat 8 OLI images. NDVI, NDBI, Built-up Index (BUI) and NDWI results indicated the definite increase in spatial coverage of LST in Lahore and LULC identified the increasing trend in built-up area. The role of climatological variables and increasing urban population and population density on the LST and UHI of Lahore were also investigated. This facilitated the understanding of complicated interactions of LST with various physical, climatological and social factors of the city.

**Index Terms:** Built Environment, Land Surface Temperature, Land Use Land Cover Changes, Meteorological changes, Micro-climate, Remote Sensing, Urban Heat Island Effect

## 1. INTRODUCTION

The fast rising urbanisation process is one of the leading sources of increase in the number of new buildings and subsequently prompting the natural land surfaces to be replaced with impermeable surfaces like concrete, cement, asphalt etc. [1]. As a result, the energy, water, and material exchange mechanisms governing between the ground surface and the atmosphere also shift. This results in the exhaustion of large amount of heat in the urban boundary layer instigating the establishment of a distinct micro-climatic effect that causes a higher temperature in the urban area as compared to its surrounding areas. This resulting phenomenon is known as the "urban heat island (UHI) effect" [2].

Meteorological conditions, land cover types (LCTs), urban area size, and human heat sources all play a role in the establishment of urban heat islands [3], [4], [5], [6], [7]. It is critical to identify and quantify the factors that cause UHI in a particular location in order to build scientific urban plans that emphasize the appropriate distribution of industries among cities and a strategically constructed roadways and other transport networks to assist dissipate the effects of heat. As a result, the research of UHI effects spans all stages of urban growth, including single cities, megacities, and city agglomerations.

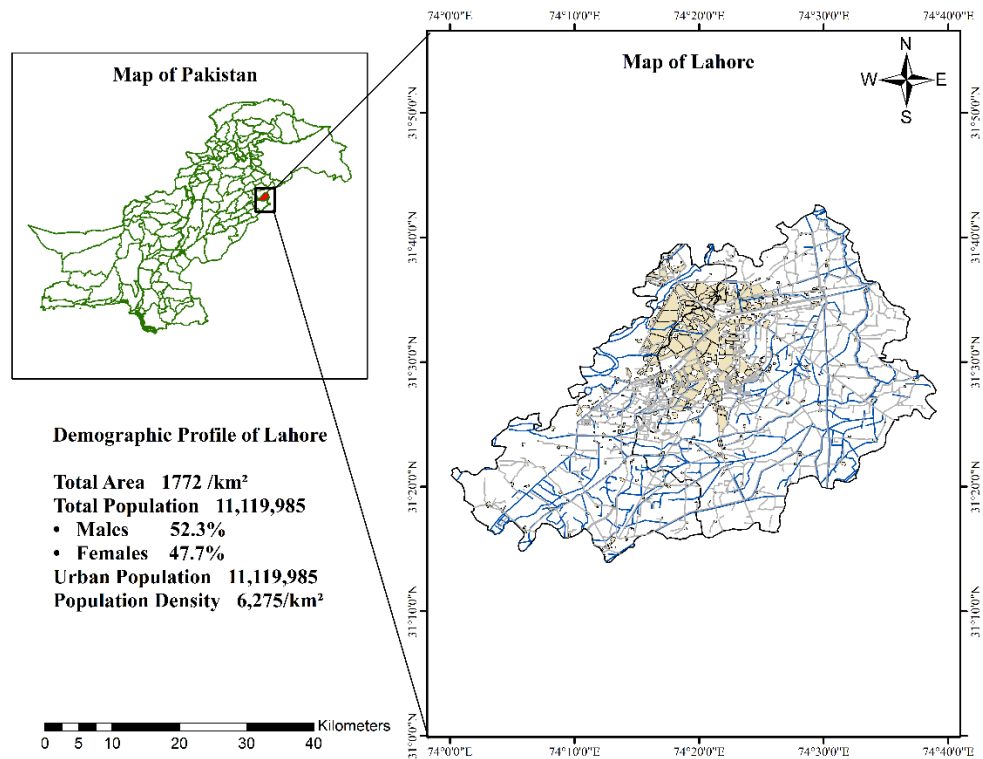
Because of the ramifications of UHI for population and climate, and vice versa, global interest in UHI has skyrocketed in recent decades. Multiple heat island-based studies have been conducted in megacities such as London, Tokyo, and New York, which vary in physical, geographical, and sociological aspects. This phenomenon's scope is more than its seemingly straightforward scientific definitions and explanations [8]. Due to the constantly changing environment and the effects of global warming, accurate and competently established UHI is the foundation of successful, progressive, and sustainable urban developmental planning. According to Oke (1982) during the formation of a city, changes in mass, momentum, moisture and surface-air heat exchanges takes place that leads to disturbances in regional and local weather. This results in a particular urban climate in that particular area [9].

In terms of local and regional climate, the presence of a city is equivalent to the presence of a complex, spatially heterogeneous mosaic with distinctively diverse land cover and land-use classes. These classes have varying thermal values in comparison to its surroundings semi-urban and rural areas [10]. Numerous factors contribute to the construction of a city's macroclimate and built-environment, resulting in several forms of UHIs. As a result, the analysis of these many forms of urban heat islands differs in terms of the practices, instruments, and technologies used, depending on the specific aims linked to that specific place. However, the dynamics of urban micro-climate are better understood by determining the LST and LULC and their impacts on the prevailing UHI of the metropolitan area by utilising thermal infrared (TIR) radiations (8-15 micrometre) satellite imaging. The determination of the distribution of land use land cover changes of a particular area, the variations in land surface temperature using spatial analyses techniques provides the contributing effect of impenetrable and compactly built-up urban surfaces in the development of urban heat island effect in that particular area [11]. This information, along with the information from climate and environmental variables such as urban morphology, vegetation coverage, meteorological variables and social variables help in defining homogeneous zones. All of this data is then efficiently utilized in the formation of a beneficial framework for sustainable and progressive urban development planning by determining strategies to reduce UHI effect, particularly when considering climate change adaptation [12], [13].

## **2. METHODOLOGY**

### **2.1 Study Area**

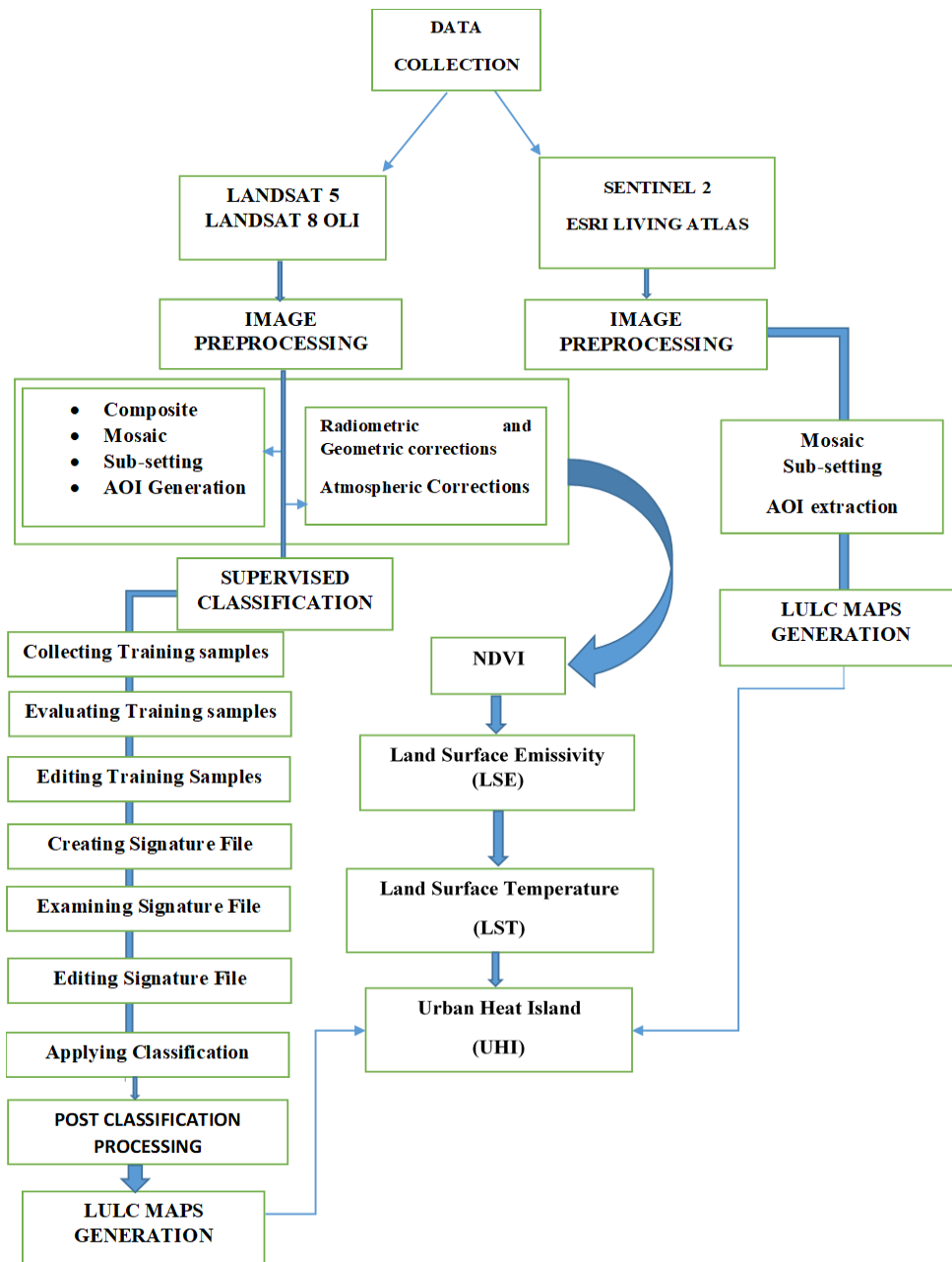
Lahore, Pakistan's second largest city in terms of population, is the capital and largest district of the Punjab province [14]. It is the 22nd largest city in the world [15]. Lahore metropolitan is the province's most developed district, and the 2017 census revealed that its population is totally urban. Lahore is also Pakistan's only megacity, with a population that has more than doubled between 1998 and 2017, rising from 5.14 million to 11.13 million [16], [17].



**Fig 1: Demographic Profile and Map of Study Area Lahore**

## 2.2 Methodology

Because of its complicated relationship with numerous features and characteristics of the Earth at the surface and atmospheric levels, LST is used in many environmental applications and research studies such as climate studies, agriculture studies, hydrology, and so on. Fig 2 depicts the assessment approach and aims to specify the methods chosen for each component of the overall process based on remotely sensed data to determine the temperature of the surface of the using imagery from the Landsat series of satellites (5 & 8) and statistical techniques to obtain the required parameters and indices for the study.



**Fig 2: Flowchart of Methodology**

### 2.3 Data Collection

The remotely sensed photos are collected from the USGS Earth Explorer webpage in order to establish the LST of the research location. Remotely sensed images obtained for district Lahore for the years 2000, 2008 and 2010 were Landsat-5 Thematic Mapper (TM) images and for years 2013, 2015-2020 the images were obtained from Landsat 8 OLI (Table 1).

**Table 1: Landsat Image Data Collected for District Lahore 2000-2020**

Study Area Row/Path	Lahore 149/036	
Year	Date	Sensor
2000	May 30	TM
2008	June 05	TM
2010	May 26	TM
2013	May 18	OLI
2015	May 24	OLI
2016	May 26	OLI
2017	May 29	OLI
2018	June 01	OLI
2019	May 19	OLI
2020	May 21	OLI

### 2.3 Extraction and Data Processing

The paper map of District Lahore was scanned, digitized and georeferenced in ArcMap 10.8 to obtain shape file to obtain study area map. In ArcGIS, the Landsat images were preprocessed. Radiometric and geometric corrections were performed. Image composite were prepared for each image and subsetting was done to extract AOI. The sub datasets were prepared from the NASA Power data sets to perform the analysis according to the requirement of this study. The Urban heat island effect in the study area was ascertained thoroughly by determining various factors and indices for the duration of 2000-2020 for study area. This include LST, NLST, NDVI, NDBI, BUI, NDWI and NDBLI.

### 2.4 Calculations

The steps involved in the calculations and formulae used are briefly described as follows.

#### 2.4.1 Conversion of DN to radiance

After the preprocessing of the images the analysis of the images was done in ArcGIS 10.8. The first step in obtaining the LST from the images is the conversion of Digital Number (DN) to Top of the Atmosphere (ToA) spectral radiance. Landsat TM and ETM+ sensors convert the captured reflected solar energy into radiance and rescale it into an 8-bit Digital Number (DN) without any units and a value ranged between 0-255. The equation used for this conversion is as follows [18]:

$$L_{\lambda} = \frac{LMAX_{\lambda} - LMIN_{\lambda}}{QCALMAX - QCALMIN} X (DN - QCALMIN) + LMIN_{\lambda} \quad (1)$$

Where,

- $L_{\lambda}$  = Spectral Radiance W/m<sup>2</sup>
- $LMAX_{\lambda}$  = Spectral radiance for each band at digital number 255
- $LMIN_{\lambda}$  = Spectral radiance for each band at digital number 0
- $QCALMAX$  = 255

$$QCALMIN = 0$$

DN = Quantized calibrated pixel value

It can also be determined as follows:

$$L_{\lambda} = M_L Q_{CAL} + A_L \quad (2)$$

Where,

$L_{\lambda}$  = Spectral Radiance  $W/m^2$

$M_L$  = Gain (0.067 for Landsat 7 & 0.00033420 for Landsat 8)

$Q_{CAL}$  = Quantized calibrated pixel value [DN]

$A_L$  = Offset (-0.06709 for Landsat 7 and 0.1 for Landsat 8)

#### 2.4.2 Conversion of Spectral Radiance to Brightness Temperature

The radiance of the electromagnetic radiation travelling upward from the top of the atmosphere is defined as the Brightness temperature [19]. The second step is the conversion of the spectral radiance obtained (Eq 1 & 2) to Brightness temperature [20]. The equation for this purpose is as follows:

$$T = \frac{K_2}{\ln(K_1/L_{\lambda} + 1)} \quad (3)$$

Where,

T = Brightness temperature of the satellite (K)

$L_{\lambda}$  = Spectral Radiance  $W/m^2$

$K_1$  and  $K_2$  = Thermal band conversion constants

Band 6: 606.76 and 1260.56 & Band 10:774.89 and 1321.08

The temperature obtained is in Kelvin. This temperature is then converted from Kelvin to Celsius as follows

$$T_2 = T_1 - 273.15 \quad (4)$$

Where,

$T_2$  = Brightness temperature in  $^{\circ}C$

$T_1$  = Brightness Temperature in Kelvin

#### 2.4.3 Retrieval of Land Surface Temperature

Land Surface Temperature (LST) was determined by using the equation that is based on Brightness Temperature ( $T_b$ ) and the emissivity ( $\epsilon$ ). The equation used for the derivation of Land Surface Temperature from the Landsat images is presented as follows [21]:

$$S_t = \frac{T_B}{1 + (\lambda \times \frac{T_B}{\rho}) \ln \epsilon} \quad (5)$$

Where,

- $S_t$  = Land surface temperature (LST)
- $T_b$  = Brightness temperature
- $\lambda$  = Wavelength of emitted radiance
- $\rho$  =  $h \times \frac{c}{\sigma} = (1.438 \times 10^{-2} \text{ m K})$
- $\sigma$  = Boltzmann's constant ( $1.38 \times 10^{-23} \text{ J/K}$ )
- $h$  = Planck's constant ( $6.626 \times 10^{-34}$ )
- $c$  = velocity of light ( $20998 \times 10^8 \text{ m/s}$ )
- $\varepsilon$  = Land Surface Emissivity

As indicated by the equation 5, in order to obtain the LST, the emissivity must also be calculated. This can be done as followed:

### Retrieving Normalized Difference Vegetation Index (NDVI)

Normalized difference vegetation index (NDVI) is a unitless, dimensionless graphical indicator. It is a ratio between Red (R) and Near Infra-Red (NIR) bands of radiation and is mostly utilized for the remotely sensed analysis to determine health of vegetation is useful in understanding vegetation density [22]. The vegetation absorbs more red radiation and strongly reflect NIR radiation. The values of NDVI range from +1 (dense leafy green vegetation) to -1 (generally water bodies). NDVI is calculated as follows [19]:

$$NDVI = \frac{NIR-RED}{NIR+RED} \quad (6)$$

### Determining Vegetation Proportion

The vegetation Proportion ( $P_v$ ) also known as Fractional vegetation cover (FVC) is an important vegetation biophysical variable. It is the ratio of vertically projected area of vegetation on the ground to the total surface extent of vegetation area. Together with NDVI, the  $P_v$  obtained is used to estimate the emissivity [23]. The vegetation proportion is determined as follows:

$$P_v = \left( \frac{NDVI - NDVI_{min}}{NDVI_{max} - NDVI_{min}} \right)^2 \quad (7)$$

Where,

- $P_v$  = Vegetation proportion
- NDVI = Normalized Difference Vegetation Index

### Retrieving Land Surface Emissivity (LSE)

A major parameter to obtain Land surface temperature is Land surface emissivity (LSE). As a mixture of bare soil and vegetation comprises a pixel from which the NDVI index range was obtained [24].

The  $\varepsilon$  for the pixel is calculated as follows:

$$\varepsilon = 0.004 P_v + 0.986 \quad (8)$$

Where,

$\varepsilon$  = Land Surface Emissivity

$P_v$  = Vegetation proportion

0.004 =  $\varepsilon_s$  = Emissivity of soil

0.986 =  $\varepsilon_v$  = Emissivity of vegetation

#### 2.4.4 Calculation of Indices for UHI

##### Normalized Land Surface Temperature (NLST)

The normalized Land Surface Temperature is used to provide visual interpretation of predetermined LST on the basis of objective information. It determines the spatial distribution of the extracted land surface temperature values from the images obtained from the satellites [25]. It is determined as follows:

$$NLST = \left( \frac{LST_i - LST_{min}}{LST_{max} - LST_{min}} \right) \quad (9)$$

Where,

$LST_i$  = Pixel value of LST in the observed scene

$LST_{min}$  = Lowest value of LST in the observed scene

$LST_{max}$  = Highest value of LST in the observed scene

##### Normalized Difference Built-up Index (NDBI)

NDBI is determined using the Near infrared radiation band (NIR) and Shortwave Infrared radiation band (SWIR) This ratio is determined to alleviate the terrain illumination variations and atmospheric impacts. The equation used to determine the NDBI is as follows [26]:

$$NDBI = \frac{SWIR - NIR}{SWIR + NIR} \quad (10)$$

##### Built-Up Index (BUI) Retrieval

The BUI was calculated by determining the difference between the NDVI and NDBI map layers as followed [27]:

$$BUI = NDBI - NDVI \quad (11)$$

##### Normalized Difference Water Index (NDWI)

NDWI is a satellite-derived index from the Near-Infrared (NIR) and Short-Wave Infrared (SWIR) channels. The strong absorbability and low radiation of water bodies in visible to NIR range and its sensitivity to built-up area made it the most appropriate index for the mapping of water bodies in the study area. NDWI is determined as follows [28]:



$$NDWI = \frac{GREEN - NIR}{GREEN + NIR} \quad (12)$$

### Normalized Difference Bare Land Index (NDBLI)

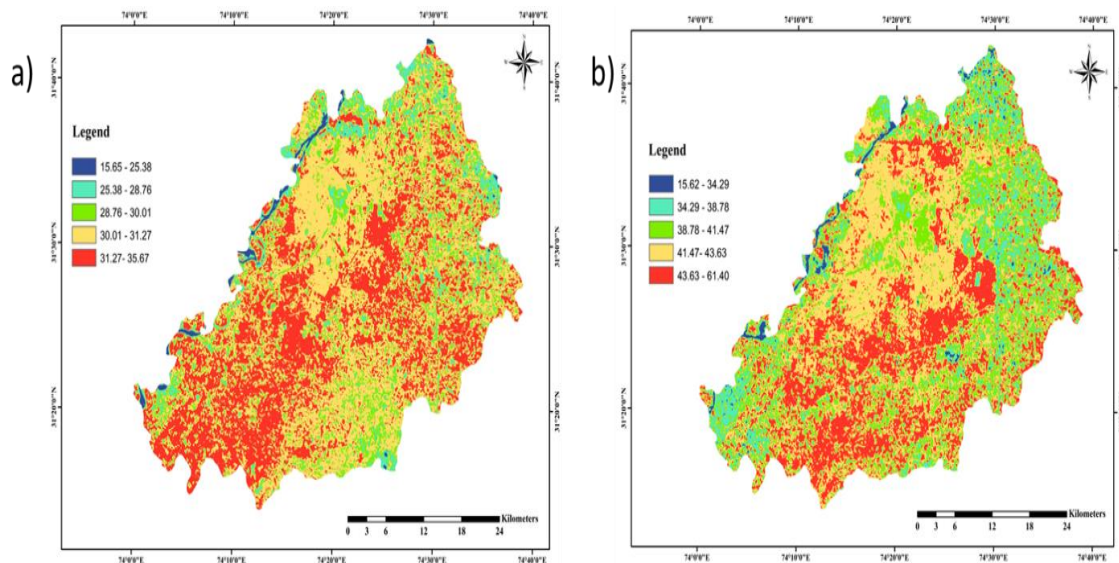
The rapidly changing land cover, particularly the spatiotemporal changes in bare land, is an indicator of anthropogenic activities in a developing city. NDBLI is an important index for determination of such changes as the red band has a high contrast between the bare land and other classes due to its much higher DN values. The equation to determine the Normalized difference Bare Land Index is as follows [29], [30]:

$$NDBLI = \frac{RED - TIR}{RED + TIR} \quad (13)$$

## 3. RESULTS AND DISCUSSION

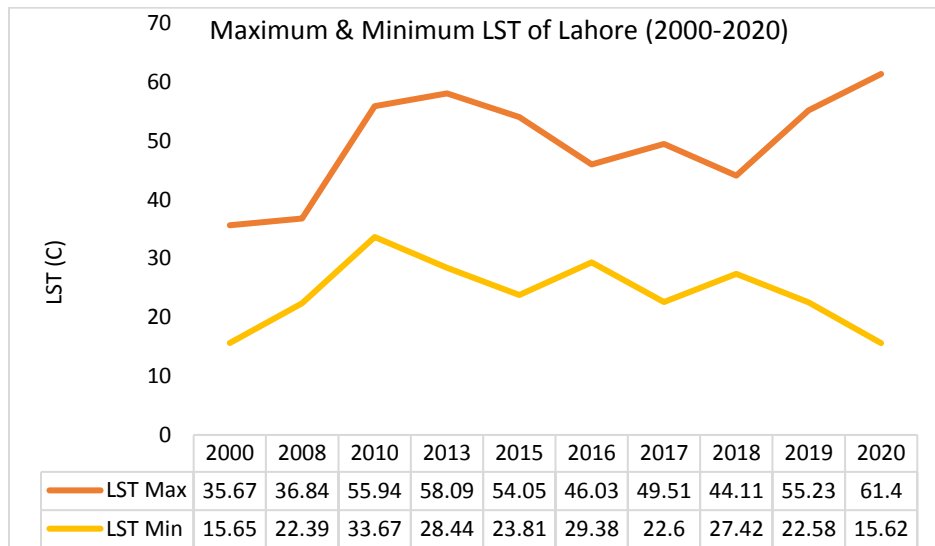
### 3.1 Land Surface Temperature of Lahore (2000-2020)

The minimum LST of Lahore in 2000 was 15.65 °C and maximum LST was 35.67 °C. The majority of the area of Lahore occur in the LST range of 28.76 °C - 35.67 °C (Fig. 3.). The difference between the urban and rural LST is 2.31 °C indicating the UHI in the area.



**Fig 3: Land Surface Temperature of Lahore a) 2000 and b) 2020**

In 2008, the minimum LST has increased by 6.73 °C from its value in 2000. The increase in maximum LST is by 1.17 °C. In 2010, the LST of Lahore increased by 24.36 °C of its value in 2000 and by 23.19 °C from its value in 2008. The minimum and maximum Land Surface Temperature (LST) exhibited by Lahore from 2000 to 2020 is given in fig. 4.



**Fig 4: Maximum and Minimum Land Surface Temperature of Lahore (2000-2020)**

2010 was the year of a destructive flood in most parts of Pakistan. Upper atmosphere changes leading to the formation of Meso-scale convective system (MCS), resulted in heavy rains and consequential floods in the most parts of Khyber Pakhtunkhwa, Balochistan, Lower Punjab and Sindh [31], [32], [33]. In the duration of 1996-2015, Pakistan was number seven in Climate Risk Index (CRI) [34]. Therefore, global climatic changes were a major reason behind the destructive and unprecedented floods in 2010 and 2011 in Pakistan [35].

The impacts of the changes in weather have also been observed in Lahore as in April 2010, the city observed the highest temperature for April in Lahore i.e., 44 °C [36]. The air temperature is usually higher in the regions around the flooding regions as well [37]. Imran & Aqsa (2020) research on urban climate of Lahore also showed the increasing trend being observed in the LST of Lahore (1996-2016) [38].

In 2013 (Fig. 4.), the minimum LST of Lahore increased to 28.44 °C from 24.12 °C observed in 2010 and 15.65 °C observed in 2000. The maximum LST became 58.09 °C, which was less than the value observed in 2010 but 22.42 °C higher than the LST observed in 2000. A further decreased in the LST was observed in 2015 (Fig.4.). The minimum LST scaled down to 23.81 °C and the minimum LST range also came down to 23.81 °C -31.28 °C. This range is less than the range of minimum LST that was observed in 2013 (28.44 °C -40.07 °C). In the year 2015, the global land surface temperature average was 1.33 °C above the 20<sup>th</sup> century average LST that broke the global LST records for 2007 and 2010 as well [39].

Most of the area of Lahore exhibited the LST range of 36.14 °C -54.05 °C. The LST around the water bodies decreased from 28.44 °C -40.07 °C range to 23.81 °C -31.28 °C. Kafy et al., (2021), investigated the urban thermal environment changes of Chattogram city, Bangladesh and found that along with the increase in UHI and LST of urban built-up area, the mean LST of water bodies also exhibited an increasing trend between 1999-2019 [40]. The research done by Feng et al., (2018) on Taihu lake basin of China, also showed

that water body LST has increased, even if the rate of increase is lowest while considering the rise in other classes like built area, bare land and even vegetation [41].

2017 was another year for global weather anomalies that lead to various extreme weather events like flash floods, droughts, wild fires, high temperatures etc. the LST of Lahore, however, continued exhibiting a decreasing trend. The value was still above the year 2000 value but less than the range that was observed in 2015. The minimum LST in 2017 was 22.59 °C. In contrast, in 2018, the minimum LST observed an abrupt increase in its value from 22.59 °C to 27.41 °C.

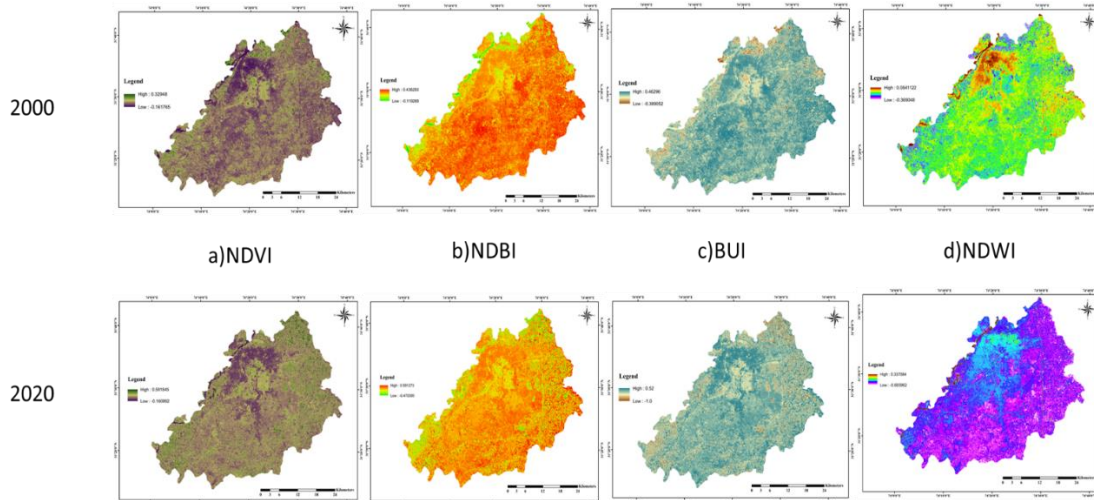
The maximum LST, however, decreased from 49.50 °C to 44.11 °C. These types of abrupt changes are not an uncommon event as LST depends on multiple local, regional and global factors. Any change in one of these factors can lead to the variation in LST of an urban area [42], [43]. The minimum LST again decreases in 2019 to 22.58 °C (Fig. 4.). The minimum LST range decreased from 27.41-33.24 to 22.58 °C -29.87 °C.

In 2020, the minimum LST became even less than its value in 2000 by 0.03 °C. The minimum LST range, however exhibited an increase by 8.91 °C. This indicated the presence of UHI in the area (Fig. 3.). The maximum LST increased by 25.73 °C. In 2000, the major area of Lahore exhibited an LST range of 30.01 °C to 35.67 °C. In 2020, the majority of Lahore existed in the LST range of 38.78 °C -61.40 °C. This not only indicated the LST by increasing value but the spatial coverage of high temperature LST had also increased.

The LST increase is by 1.23 °C/year approximately. Also, unlike cities like Melbourne, Tokyo, New York, Dublin, Oslo [44], Tehran [45], United Arab Emirates [46] and three hundred cities of China [47] where the investigation on the impacts of COVID-19 related lockdown on environment and found that the lockdown had resulted in decrease in UHI and Greenhouse gases decreasing both the SUHI and canopy layer heat island effect in the cities, the impact of COVID-19 lockdown decrease in anthropogenic activities were only visible in the minimum LST as it reverted to its original value of 2000 [19].

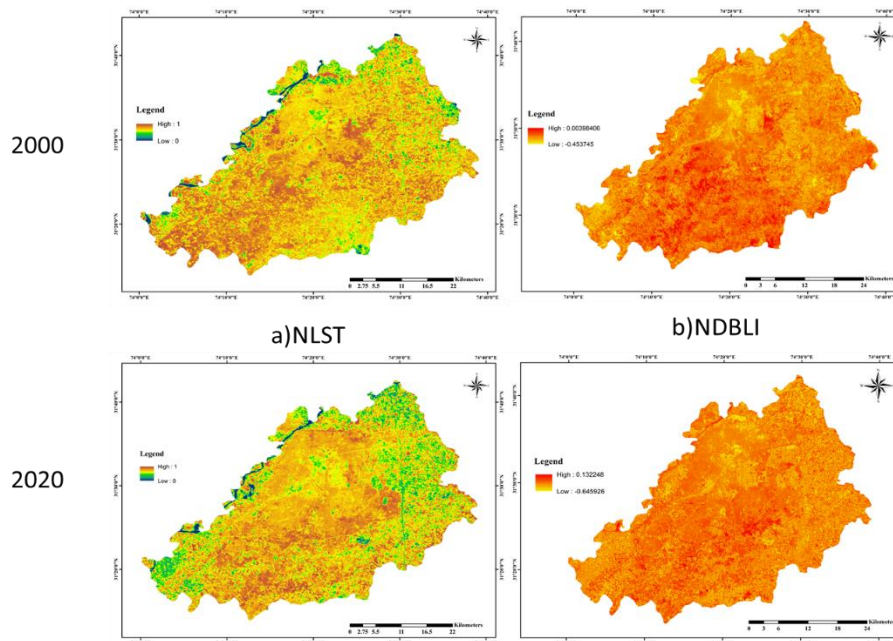
### **3.2 Visual Representation of Indices (2000-2020)**

The visual interpretation of the various indices including the NDVI, NDBI, BUI, NDWI (Fig. 5.), NLST and NDBLI (Fig. 6.) for 2000 and 2020 for Lahore are provided below. These figures clearly highlight the changes in the built area in Lahore in the given time range.



**Fig 5: Visual Representation of Indices of Lahore (2000-2020) a) Normalized Difference Vegetation Index b) Normalized Difference Built-up Index c) Built-Up Index d) Normalized Difference Water Index**

Fig 6. Provides the Normalized Land Surface Temperature of Lahore and the Normalized Difference Bare-Land Index of Lahore from 2000-2020

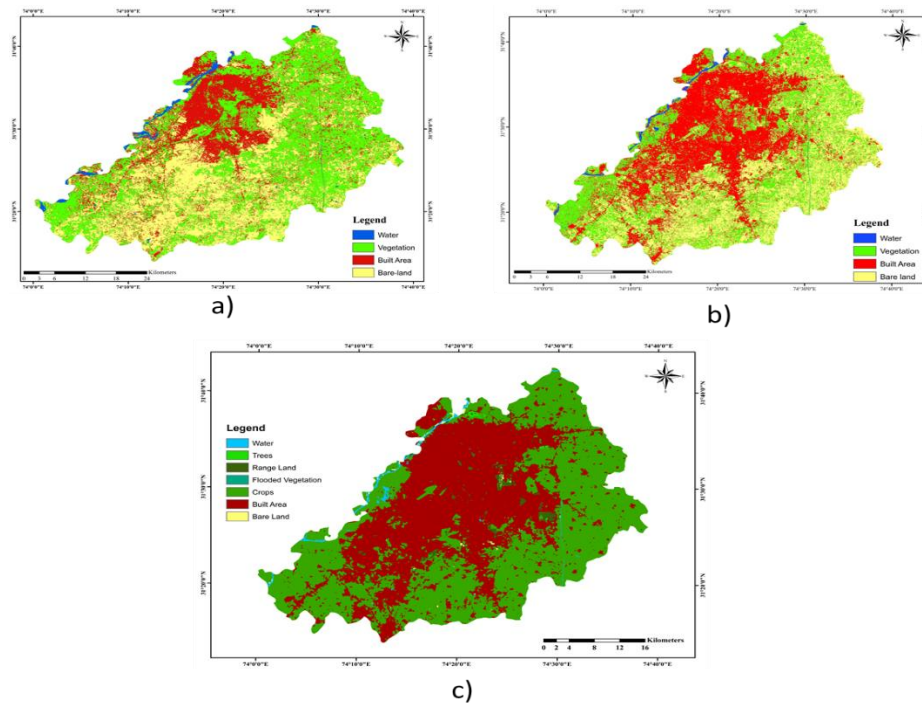


**Fig 6: a) NLST (2000-2020) of Lahore and b) NDBLI (2000-2020) of Lahore**

### 3.3 Land Use/Land Cover Change (LULC) of Lahore 2000-2020

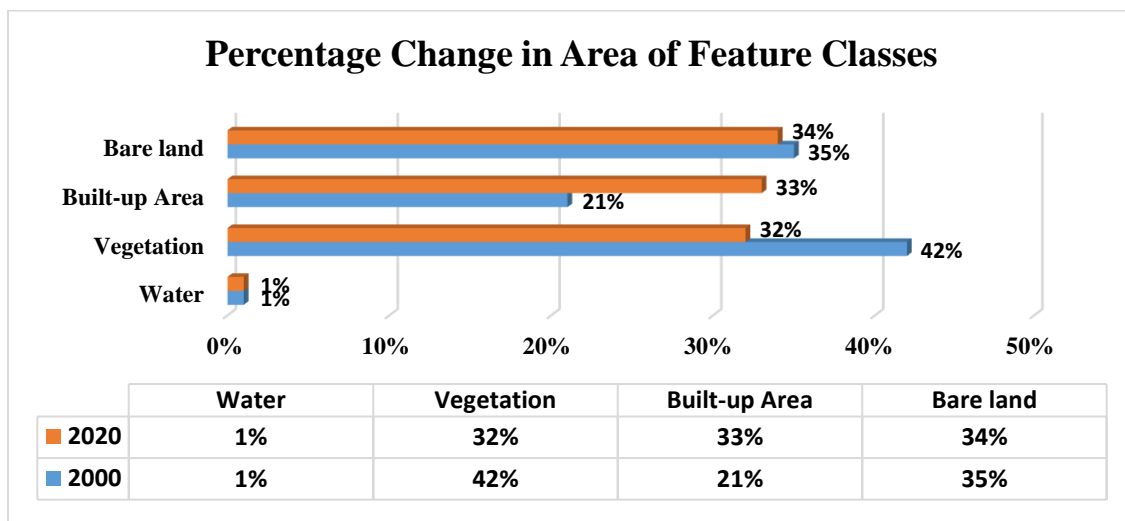
Fig. 7. (a) And (b) provides the visual interpretation of LULC of Lahore in 2000 and 2020 respectively. The biggest shift in Lahore's LULC is the growth in built-up area and decrease in vegetation area. Mumtaz et al., (2020) studied the spatiotemporal LULC variations in Lahore (1998-2018) and discovered that the built-up area increased while

vegetation declined [48]. The built-up area is likely to grow further due to the ongoing residential and commercial expansion in Lahore. The addition of these regions raises Lahore's built-up area percentage, as exhibited by the LULC year average shown in Fig.7. (c). increasing the built-area to 752.8 sq.km approximately [49].



**Fig 7: a) LULC of Lahore in 2000 b) LULC of Lahore in 2020 c) Average LULC of Lahore in 2020 from Esri Living Atlas**

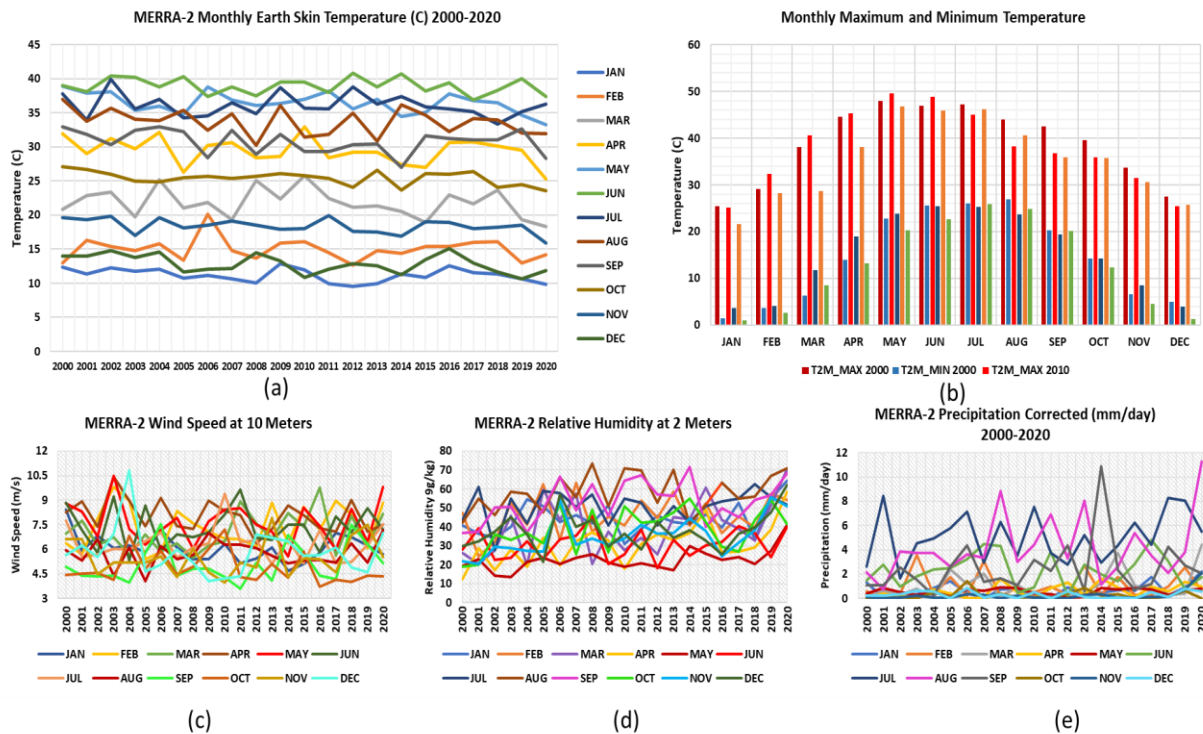
The percentage changes observed in feature classes of Lahore are provided in the Fig. 8.



**Fig 8: Percentage Change in the Area of Feature Classes of Lahore (2000-2020)**

### 3.4 Meteorological Results

The earth skin temperature and maximum and minimum temperature of Lahore, didn't show any abrupt changes. The values of earth skin temperature and maximum and minimum temperatures follow a similar pattern (Fig. 9. (a)). The temperature changes for each month follows a narrow range with temperature of June as the highest and January as the lowest temperature months. The variations are also within a narrow range, except for the February and April. The overall temperature remains below 45 °C (Fig. 9. (b)).



**Fig 9: Meteorological Variables of Lahore (2000-2020) a) MERRA-2 Monthly Earth Skin data b) maximum and Minimum Monthly Temperature of 2000, 2010 and 2020 c) MERRA-2 Wind Speed at 10 meters d) MERRA-2 Relative Humidity at 2 meters e) MERRA-2 Corrected Precipitation of Lahore**

The windspeed in Lahore is more than 3 m/s for all the months (Fig. 9. (c)). The wind speed is ideal for driving the warm air away from the urban area but the urban core of Lahore is densely built and extended to its boundaries, therefore, the UHI still exist in Lahore. While determining the impacts of multiple factors on the UHI of Seoul, Korea, Ngarambe et al., (2021) stated that despite the fulfilling of one UHI decreasing criteria, the UHI still impact the urban area as there are numerous other factors that will be responsible for the increase of UHI for example the wind speed alone will not be enough, the terrain, urban morphology, the congested built-up etc. would still hinder the proper ventilation from the urban area, hence, increasing the UHI of the urban area [50].

The precipitation levels in Lahore were maximum values in the months of July and August, followed by June, September and February. The remaining months are below 2 mm/day.

The minimum precipitation is for October 2020 which was recorded as zero mm/day. The maximum precipitation was also for 2020 and it was in the month August having the volume of 11.26mm/day. The second peak is observed for September 2014 at the volume of 10.88 mm/day. The third and fourth highest peaks were for August 2008 at 8.84 mm/day and July 2001 at 8.47 mm/day (Fig. 9. (e)).

The humidity in Lahore have increased from its value in 2000 (Fig. 9. (d)). The humidity was higher in the months of July, August and September in 2010 as well. Humidity has increased for all the months in 2020. The correlation of these factors with the UHI is also dependent upon multiple factors, particularly when considering the summer UHI in densely populated and densely built urban area.

Peng et al., (2019) studied the spatiotemporal patterns of UHI in different locations of China and their findings showed that the different locations have different intensity of the UHI depending upon the prevalent actors in the area. The intensity will not only be different for urban/rural areas, it would also be different according to the physical characteristics of the urban area with respect to the meteorological factors [51].

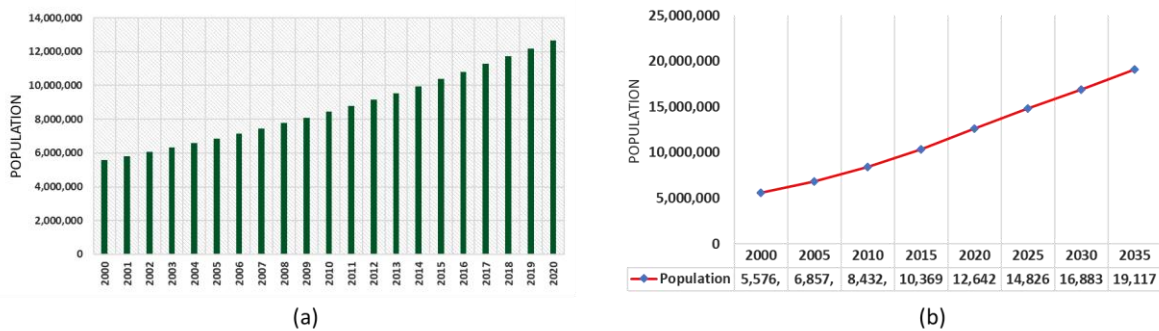
### 3.5 Population

The population dwelling in an urban area is known as the urban population and can be used as a replacement indication of the physical structure of that urban region (city). This is because an increase in population can be connected to an increase in urban built area building and energy usage [52], [53].

The rise in population produces urban migration, which reduces vegetative cover and available bare land, however the rate of urbanisation does not always correspond with the increase in urban area by expanding beyond the municipal boundaries. This causes urban area congestion due to the increased need for tightly developed urban services infrastructure [19].

The elements driving all of these developments include increased urbanisation caused by unplanned urban population growth. The increase in the population of Lahore is from 5,576,000 (2000) to 12,642,000 (2020) with the percentage increase of 126.72% (Fig 10. (a)). The population projections for Lahore indicates the further increase in population to 19,117,000 respectively (Fig. 10. (b)).

The population of Lahore increase by 51.22 % from 2020 to 2035 and 242.84% from 2000-2035. That increase in population will result in further changes in LULC Lahore in future. Unless properly planned, these changes will lead to increase in UHI effect leading to other environmental impacts like, air pollution, heat waves and health impacts due to both thermal discomfort and air pollution.



**Fig 10. a) Population of Lahore (2000-2020) b) Population Projection of Lahore 2000-2035**

#### 4. CONCLUSION

The purpose of this study was to show the importance of the relationship between the urban heat island effect and microclimate fluctuations, recognise and comprehend the factors that contribute to current changes in urban microclimates, as well as identify difficulties, so that planners and policymakers are better prepared for sustainable future urban design. As unplanned growth causes problems such as the urban heat island effect, global warming, air pollution, flash floods, inadequate infrastructure facilities and services, population explosion, overuse and deterioration of available resources, and environmental degradation there is no doubt that planned urban growth is important for a country's development. As more people move to cities, urban heat mitigation will become increasingly important in order to improve human health and preserve the city's socioeconomic success. Even city-scale mitigation, adaptation, and economic measures do not rely solely on cities. Cities, nations, civic organisations, investors, and corporations are among the many actors involved in global climate adaptation and strategy. The shutdown caused by the worldwide COVID-19 epidemic presented an once-in-a-lifetime environmental chance to investigate ground conditions when human activity was minimised. Positive changes in the surroundings seen in that situation should be considered. More efforts should be made as the possibility of environmental sustainability with mitigation actions became clear.

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**Disclaimer** None to Declare

**Conflict of interest** none to Declare

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